# Mahasamadhi Aradhana Family Camp Schedule - 2024

Updated As Of: 2/21/24 - Approved

#### **DAY 1 - Monday, July 29th, 2024**

Begin Time	End Time	Activity	Facilitator	Comments
2:00 PM	5:00 PM	Registration		
4:00 PM	5:00 PM	Welcome Tea		
5:00 PM	5:45 PM	Welcome Procession, Purna Kumbham, Inauguration, Lamp Lighting,	Sw. Swaroopananda Sw. Shantananda Sw. Dheerananda	
5:45 PM	6:00 PM	Welcome Address	Sw. Dheerananda	
6:00 PM	6:10 PM	Paduka Puja Vidhaanam Pustika Release	Sw. Swaroopananda Sw. Dheerananda	
6:10 PM	7:10 PM	Introductory Lecture (Kaivalya Upanishad)	Sw. Swaroopananda	
7:10 PM	7:30 PM	Chinmaya Arati Announcements	CMWRC Swaranjali	
7:30 PM	9:00 PM	Dinner		

## **DAY 2 - Tuesday, July 30th, 2024**

Begin Time	End Time	Activity	Facilitator	Comments
5:30 AM	6:15 AM	Yoga/Morning Walk		Beginner Intermediate Senior
6:15 AM	6:30 AM	Vedic Chanting		
6:30 AM	7:00 AM	Meditation	Sw. Ishwarananda	
7:00 AM	7:30AM	Tea break		
7:30 AM	8:30 AM	Lecture #1 (108 Names)	Sw. Shantananda	
8:30 AM	9:30 AM	Breakfast		
9:30 AM	10:00 AM	Bhajans	CMW Swaranjali groups	
10:00 AM	11:30 AM	Lecture #2 (Kaivalya Upanishad)	Sw. Swaroopananda	
11:30 AM	12 PM	Announcements		Book Releases By Swami Swaroopananda
12:00 PM	2:30 PM	Lunch/Rest		
2:30 PM	3:20 PM	Devi Group Meet 3 Breakout Groups		
3:30 PM	4:30 PM	Dhyanamoolam Guror Murtih - a composition on Meditation / Q&A	Sw. Ishwarananda	
4:30 PM	5:00 PM	Tea break		
5:00 PM	5:30 PM	Bhajans	CMW Swaranjali groups	
5:30 PM	7:00 PM	Lecture #3 (Kaivalya Upanishad)	Sw. Swaroopananda	
7:00 PM	7:15 PM	Chinmaya Arati & Announcements	CMWRC Swaranjali	
7:15 PM	8:30 PM	Dinner		
8:30 PM	9:15 PM	Cultural Programs	CMW centers	

### DAY 3 - Wednesday, July 31st, 2024

Begin Time	End Time	Activity	Facilitator	Comments
5:30 AM	6:15 AM	Yoga/Morning Walk		
6:15 AM	6:30 AM	Vedic Chanting		
6:30 AM	7:00 AM	Meditation	Sw. Ishwarananda	
7:00 AM	7:30AM	Tea break		
7:30 AM	8:30 AM	Lecture #1 (108 Names)	Sw. Shantananda	
8:30 AM	9:30 AM	Breakfast		
9:30 AM	10:00 AM	Bhajans	CMW Swaranjali groups	
10:00 AM	11:30 AM	Lecture #2 (Kaivalya Upanishad)	Sw. Swaroopananda	
11:30 AM	12 PM	National GitaFest Awards		
12:00 PM	2:30 PM	Lunch/Rest		
2:30 PM	3:20 PM	5 Breakout Groups/ Interactive WorkShops		
3:30 PM	4:30 PM	Dhyanamoolam Guror Murtih - a composition on Meditation / Q&A	Sw. Ishwarananda	
4:30 PM	5:00 PM	Tea break		
5:00 PM	5:30 PM	Bhajans	CMW Swaranjali groups	
5:30 PM	7:00 PM	Lecture #3 (Kaivalya Upanishad)	Sw. Swaroopananda	
7:00 PM	7:15 PM	Chinmaya Arati & Announcements	CMWRC Swaranjali	
7:15 PM	8:30 PM	Dinner		
8:30 PM	9:15 PM	Cultural Programs		

### DAY 4 - Thursday, Aug 1st, 2024

Begin Time	End Time	Activity	Facilitator	Comments
5:30 AM	6:15 AM	Yoga/Morning Walk		
6:15 AM	6:30 AM	Vedic Chanting		
6:30 AM	7:00 AM	Meditation	Sw. Ishwarananda	
7:00 AM	7:30AM	Tea break		
7:30 AM	8:30 AM	Lecture #1 (108 Names)	Sw. Shantananda	
8:30 AM	9:30 AM	Breakfast		
9:30 AM	10:00 AM	Bhajans	CMW Swaranjali groups	
10:00 AM	11:30 AM	Lecture #2 (Kaivalya Upanishad)	Sw. Swaroopananda	
11:30 AM	12 PM	Announcements		CVV Presentation
12:00 PM	2:30 PM	Lunch/Rest		
2:30 PM	3:20 PM	Workshops / Interactive session		
3:30 PM	4:30 PM	Dhyanamoolam Guror Murtih - a composition on Meditation / Q&A	Sw. Ishwarananda	
4:30 PM	5:00 PM	Tea break		
5:00 PM	5:30 PM	Bhajans	CMW Swaranjali groups	
5:30 PM	7:00 PM	Lecture #3 (Kaivalya Upanishad)	Sw. Swaroopananda	
7:00 PM	7:15 PM	Chinmaya Arati & Announcements	CMWRC Swaranjali	
7:15 PM	8:30 PM	Dinner		
8:30 PM	9:15 PM	Cultural Programs	CMW centers	

### DAY 5 - Friday, Aug 2nd, 2024

Begin Time	End Time	Activity	Facilitator	Comments
5:30 AM	6:15 AM	Yoga/Morning Walk		
6:15 AM	6:30 AM	Vedic Chanting		
6:30 AM	7:00 AM	Meditation	Sw. Ishwarananda	
7:00 AM	7:30AM	Tea break		
7:30 AM	8:30 AM	Lecture #1 (108 Names)	Sw. Shantananda	
8:30 AM	9:30 AM	Breakfast		
9:30 AM	10:00 AM	Bhajans	CMW Swaranjali groups	
10:00 AM	11:30 AM	Lecture #2 (Kaivalya Upanishad)	Sw. Swaroopananda	
11:30 AM	12 PM	Announcements		
12:00 PM	2:30 PM	Lunch/Rest		Handout Puja materials
2:30 PM	3:20 PM	Meet with Swami Dheerananda		
3:30 PM	4:30 PM	Dhyanamoolam Guror Murtih - a composition on Meditation / Q&A	Sw. Ishwarananda	
4:30 PM	5:00 PM	Tea break		
5:00 PM	5:30 PM	Bhajans	CMW Swaranjali groups	
5:30 PM	7:00 PM	Lecture #3 (Kaivalya Upanishad)	Sw. Swaroopananda	
7:00 PM	7:15 PM	Chinmaya Arati & Announcements	CMWRC Swaranjali	
7:15 PM	8:30 PM	Dinner		
8:30 PM	9:15 PM	Cultural Programs		

### DAY 6 - Saturday, Aug 3rd, 2024

Begin Time	End Time	Activity	Facilitator	Comments
7:00 AM	8:30 AM	Breakfast		
8:30 AM	9:00 AM	Sri Gurudev's Bhajans	CMW Swaranjali groups	
9:00 AM	10:30 AM	Sri Gurudev's Paduka Puja, Chinmaya Arati		
10:30 AM	11:00 AM	Concluding blessings by Swami Swaroopananda, Guru Dakshina, Receive Prasad	CMW Swaranjali groups	
11:00 AM		Check out, Boxed lunch		