



VIVEKACŪḌĀMANI

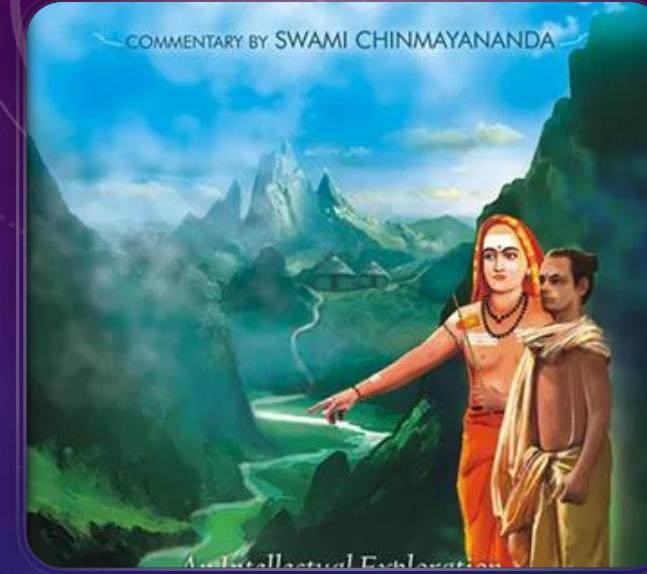
CHANTING BY

SWAMI DHEERANANDA & VINAY MALLIKAAJRJUN

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*Chanting by
Swami Dheerananda & Vinay Mallikaarjun*

Section 45: Ātman - Other than the Five Kośas





योऽयमात्मा स्वयञ्ज्योतिः
पञ्चकोशविलक्षणः।
अवस्थात्रयसाक्षी सन्
निर्विकारो निरञ्जनः।
सदानन्दः स विज्ञेयः
स्वात्मत्वेन विपश्चिता ॥

yo'-yam-āt-mā sva-yañ-jyo-tih
pañ-ca-ko-śa-vi-lak-ṣa-ṇah |
a-va-sthā-tra-ya-sāk-śī san
nir-vi-kā-ro ni-rañ-ja-nah |
sa-dā-nan-dah sa vi-jñe-yah
svāt-mat-ve-na vi-paś-ci-tā ||

211: This Ātman is self effulgent and distinct from the five sheaths. It is the witness of the three states, is real, is without modifications, is unsullied and Bliss everlasting. The wise man should realize it as his own Self.



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