

Samskaras

..spiritual practices as a part of the daily life

Humans have the capacity to make choices for altering their life

Majority do not devote time and attention to spiritual practices

Dharma Shastras define samskaras from before birth through all stages of life to death for:

- Making spiritual practices a part of the daily life
- Reminding us of our connection to the Divinity on all important occasions in our life

The sacred fire plays a central role in Hindu samskaras as it has transformative powers

Before birth

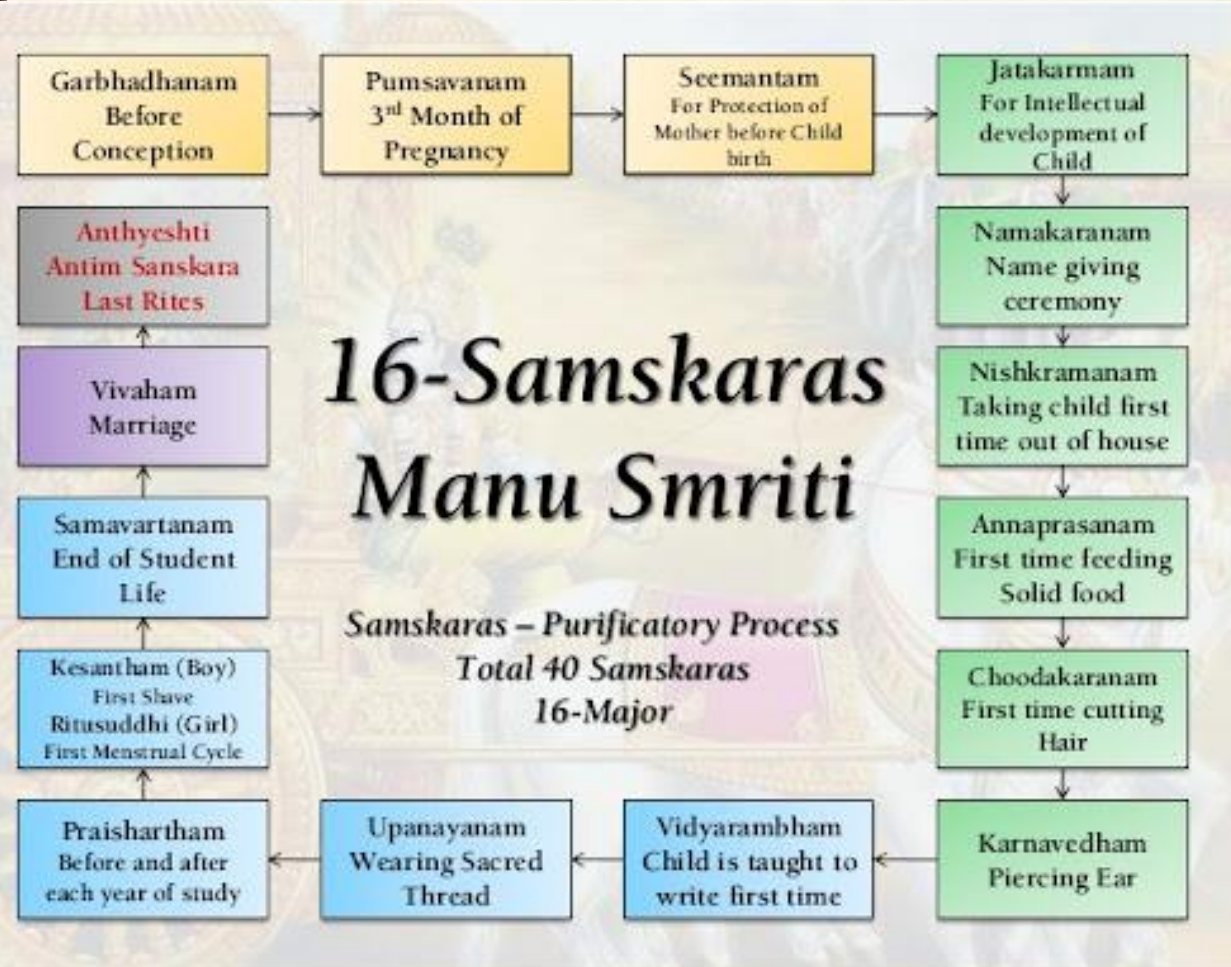


Cremation

Marriage



Childhood



Jatakarma

Infancy



Mundan Ceremony



|| Upanayana Sanskar ||