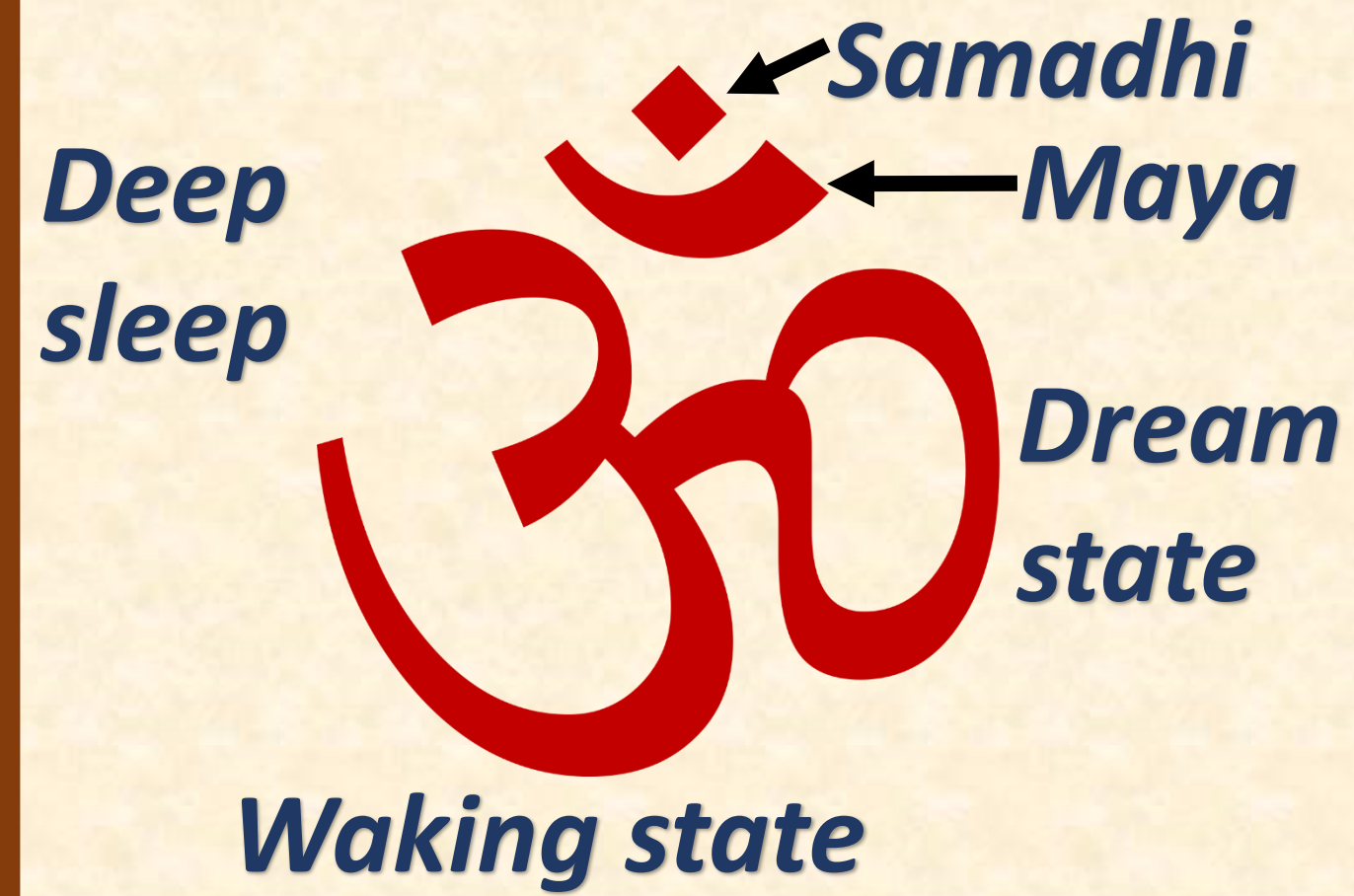
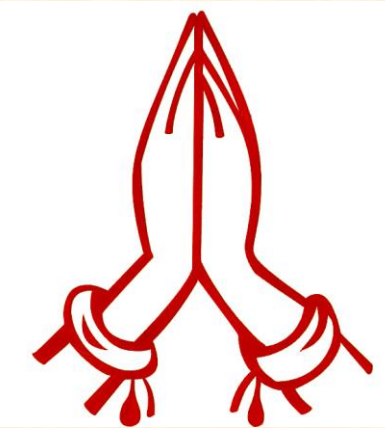


## Om (Aum)

Primordial sound of creation



## Namaste



Common greeting that means I bow to the divine in you.

# Symbolism in Hinduism

## Ganesha Murti



**Big head:** Think big

**Small eyes:** Concentrate

**Axe:** Cut all bonds of materialistic attachments

**Trunk pointed inwards:** Look inside, efficient and adaptable

**Large stomach:** Digest all good and bad in life

**Large ears:** Listen more

**Small mouth:** Talk less

**One tusk:** Sacrifice

**Sweets:** Reward of hard work or spiritual practices

**Mouse:** Desire should be controlled; ability to reach even the smallest of places

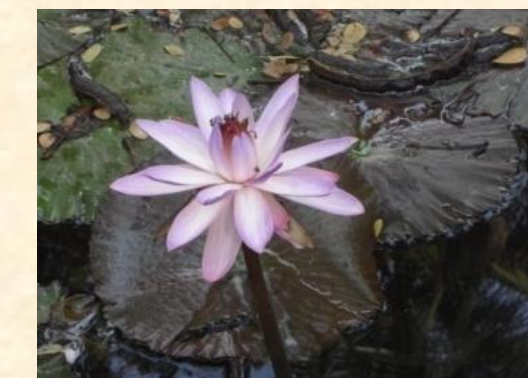
## Trishul (Trident)



Three points:

- Creation
- Sustenance
- Destruction

## Lotus



Calmness, clarity, in world but not affected by it

## Tilak or Bindi

Point of energy flow, seat of memory and thinking



## Swastika

Four goals of human life

**Artha**

**Moksha**

**Dharma**

**Kama**



**Su:** Good, Well  
**Asti:** To be, To exist, Is  
**Swastika:** That which brings good luck or well-being for all

**Swastika is mentioned in a mantra in Rig-Veda:** oldest scripture known to man (at least 7000 years old)

Cyclic time: four seasons or ages

**Satya yuga**

**Kali yuga**

**Dvapara yuga**

**Treta yuga**

