# Popular concepts of Moksha

- Going to heaven after death
- Becoming free from the cycle of birth and death (Samsara)

Samsara — driven by likes and dislikes, we experience:

- Pain and pleasure
- Joy and sorrow
- Success and failure
- Gain and loss
- Victory and defeat
- Honor and insult

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## Concepts of how to achieve Moksha

#### Path of smoke

- good works, charity, austerity etc.
- rewards in heaven (svarga); temporary
- path of return to samsara when merits are exhausted; no moksha

#### Path of fire

- grace of God
- purify our minds and cultivate exclusive devotion to God
- reside in Brahmaloka or God's abode till end of current cycle
- path of no return; liberation in stages (Krama mukti); delayed moksha
- Nowhere to go: Jivanmukti; eternal service to God; moksha right now

### Jivanmukta

Understands that our own nature (Atman) is identical with Pure Consciousness (Brahman) that pervades everything.

Knowing himself to be complete, and not driven by likes and dislikes, he experiences

- Equanimity under all circumstances
- No desires
- No fears
- Ever in bliss and joyful

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May choose to serve and bring undistracted energy to all tasks.