

DHARMA [V1 8:30-11:00]

1. Is there a set of moral codes or commandments? What is dharma? [Page 5; V1 54:34-56:04; V2 13:45-15:25]
2. How does a Hindu determine what is dharma in practice? [Page 28]
3. How does a religion with emphasis on "your duty" allow for change and upward mobility? [Page 26]
4. How does Hinduism describe the stages of human life? [Page 55]

Page numbers refer to the page with answer in [“Understanding Hinduism: basic questions answered”](#) by Dr. D. C. Rao

V1 refers to video [Hinduism 101 – Part 1 of 2](#)

V2 refers to video [Hinduism 101 – Part 2 of 2](#)