

GOALS OF HUMAN LIFE [V1 5:23-8:40; V1 58:00-1:03:17]

1. What is the spiritual goal of Hindus? [Page 6]
2. What is the ultimate goal of human life? How is it attained? [Page 15]
3. What is the purpose of life? [Page 30; V2 1:02-3:39]
4. What are a Hindu's spiritual obligations? [Page 28]

Page numbers refer to the page with answer in [“Understanding Hinduism: basic questions answered”](#) by Dr. D. C. Rao

V1 refers to video [Hinduism 101 – Part 1 of 2](#)

V2 refers to video [Hinduism 101 – Part 2 of 2](#)